

## **2023 Journal Jog 8K– Course Outline**

1. Start/Finish: The shared start/finish line is located at Reno High School, 395 Booth St., Reno, NV 89509. The start/finish line will be in front of the track entrance on the west side of the property, along the westbound lane of Foster Drive.
2. Start heading west on Foster Dr from RHS track.
3. Left onto Robin St.
4. Right onto California Ave.
5. Hard left onto Sherwood Dr.
6. Follow Sherwood south as it goes left and then right, follow this down to Mayberry Dr.
7. Right on Mayberry Dr.
8. Right onto River Run Parkway
9. Make a quick right onto Riverberry Dr, follow to Idlewild Dr.
10. Left on to Idlewild Dr.
11. Follow Idlewild Dr west all the way to its end, look for a paved trail on the right leaving Crissie Caughlin Park.
12. Make a right on to the trail entering the park.
13. Run on the left side of this trail, cross the bridge and follow it west, passing underneath North McCarren Blvd.
14. Turn around on the trail at its far point, just before it intersects with the next road, and continue back the way you came, running on the left side of the trail.
15. Follow the trail east until it connects with Idlewild Dr again, make a left onto Idlewild Dr.
16. Continue straight, follow up to California Blvd.
17. Turn right onto California Blvd.
18. Turn left onto Robin St.
19. Turn right onto Foster Dr, follow to the finish line in front of the RHS track.