

# 2019 Journal Jog- Reno Running Fest

## Age Group Results

September 08, 2019

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results by Mentzer Timing [lynnmentzer@sbcglobal.net](mailto:lynnmentzer@sbcglobal.net)

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### Journal Jog 8K Walk

#### Female 20 to 29

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Rebecca Rose	Sparks NV	639	28	12	1:18:46	1:18:55	15:51/M

#### Female 30 to 39

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Becky Gundlach	Reno NV	616	33	3	1:05:38	1:05:38	13:12/M
2	Hallie Madole	Reno NV	625	38	4	1:09:09	1:09:09	13:55/M
3	Manasseh Chibwe	Carson City NV	609	33	5	1:11:09	1:11:13	14:19/M
4	Lauren Nollar	Reno NV	630	32	9	1:14:25	1:14:31	14:58/M
5	Shannon Urquhart	Reno NV	646	39	17	1:22:39	1:22:39	16:38/M
6	Andrea McCarthy	Sparks NV	626	37	21	1:35:19	1:35:27	19:11/M
7	Morgan McGill	Reno NV	627	33	23	1:37:34	1:37:36	19:38/M

#### Female 40 to 49

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Natacha Faillers	Reno NV	613	40	1	1:00:45	1:00:47	12:13/M
2	Cathy Parsell	Reno NV	633	49	6	1:11:19	1:11:22	14:21/M
3	Frances Figueroa Miro	Sparks NV	614	40	11	1:18:45	1:18:49	15:51/M
4	Mileen Simas	Sparks NV	642	42	16	1:22:21	1:22:39	16:34/M
5	Rosalinda Tapia-Hopper	Sparks NV	644	41	22	1:37:29	1:37:36	19:37/M

#### Female 50 to 59

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Kym Hanson	Reno NV	619	53	2	1:05:33	1:05:33	13:11/M
2	Tunde Csepelyi	Reno NV	610	50	7	1:12:22	1:12:22	14:34/M
3	Sharon Heimerdinger	Reno NV	622	53	8	1:13:54	1:13:55	14:52/M

4	Michelle Parvin	Reno NV	635	57	10	1:18:09	1:18:12	15:44/M
5	Jeanette Cascio	Sparks NV	606	59	18	1:23:49	1:23:56	16:52/M
6	Rhonda Ray	Carson City NV	650	55	19	1:23:50	1:23:57	16:52/M

### Female 60 to 69

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Deena Rose	Sparks NV	638	65	13	1:18:47	1:18:55	15:51/M
2	Carol Shafer	Reno NV	641	66	14	1:20:01	1:20:05	16:06/M
3	Janet Rutkovitz	Reno NV	640	63	20	1:24:58	1:25:02	17:06/M

### Female 70 and Over

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Jan Bengiveno	San Jose CA	602	70	15	1:22:05	1:22:05	16:31/M

### Male 20 to 29

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Bobby Benedict	Sparks NV	601	27	13	1:34:29	1:35:12	19:01/M

### Male 30 to 39

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Max Gundlach	Reno NV	617	38	2	1:04:20	1:04:20	12:57/M
2	Mitchell Nollar	Reno NV	631	31	6	1:14:24	1:14:31	14:58/M
3	Gary Marsh	Sparks NV	647	38	10	1:30:03	1:30:06	18:07/M
4	Xiaomu Guo	Reno NV	618	38	11	1:30:00	1:30:06	18:07/M
5	Niels Odegard	Reno NV	632	34	14	1:34:29	1:35:12	19:01/M

### Male 40 to 49

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Isaac Faillers	Reno NV	611	42	3	1:04:47	1:04:48	13:02/M

### Male 50 to 59

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Charles Heimerdinger	Reno NV	621	58	4	1:13:52	1:13:55	14:52/M
2	Roger Harada	Reno NV	620	57	8	1:18:45	1:18:50	15:51/M
3	Csaba Mezei	Reno NV	628	52	9	1:20:05	1:20:05	16:07/M

### Male 60 to 69

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Robert Stamulis	Sparks NV	643	63	12	1:31:34	1:31:40	18:26/M

### Male 70 and Over

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	John Faillers	Reno NV	612	75	1	59:57	1:00:47	12:04/M
2	Keith Froslic	Reno NV	615	71	5	1:14:05	1:14:07	14:54/M
3	Glen Parvin	Reno NV	634	71	7	1:18:09	1:18:11	15:44/M

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\*Overall place within gender.